



# Veronica Guzman

LPC, TIYT, CC-TSS

# Credentials and Certifications



- ▶ Licensed Professional Counselor (LPC)
  - ▶ Clinical Supervisor with the Arizona Board of Behavioral Health Examiners
- ▶ Certified Clinical Trauma Specialist- Sex Trafficking and Exploitation
  - ▶ Trauma Informed Cognitive Behavioral Therapy (TF-CBT)
  - ▶ Trauma Informed Yoga Therapist (TIYT)

# StreetlightUSA



- ▶ Population served:
  - ▶ Females ages 13-17 years old, victims of sexual exploitation and sex trafficking.
- ▶ Role:
  - ▶ Lead Trauma Therapist
  - ▶ Supervision

# Youth Development Institute



- ▶ Population served:
  - ▶ Male and female ages 11-17 years old, victims of abuse, sexual exploitation and trafficking, maladaptive sexual behaviors, cooccurring disorders, severe mental illnesses, and youth that were guards of the state and or involved in probation
- ▶ Role:
  - ▶ Clinical Director
  - ▶ Clinician III

# Treatment Goals



- ▶ Person-Centered Approach
  - ▶ Working with the youth to gain insight into the impact of their traumatic events and their behaviors to empower the youth to build a path towards healing.
- ▶ Community Strengths and Supports
  - ▶ Psychoeducation to support the legal guardian's insight into the trauma brain impacting behaviors which leads the legal guardian to prepare to support the youth's healing and behaviors.
  - ▶ Collaborate with the legal guardian, treatment team, law enforcement, judicial system, and recovery teams to wraparound services to reduce the risk of revictimization and recidivism.
  - ▶ Reintegrate back into family and community.