

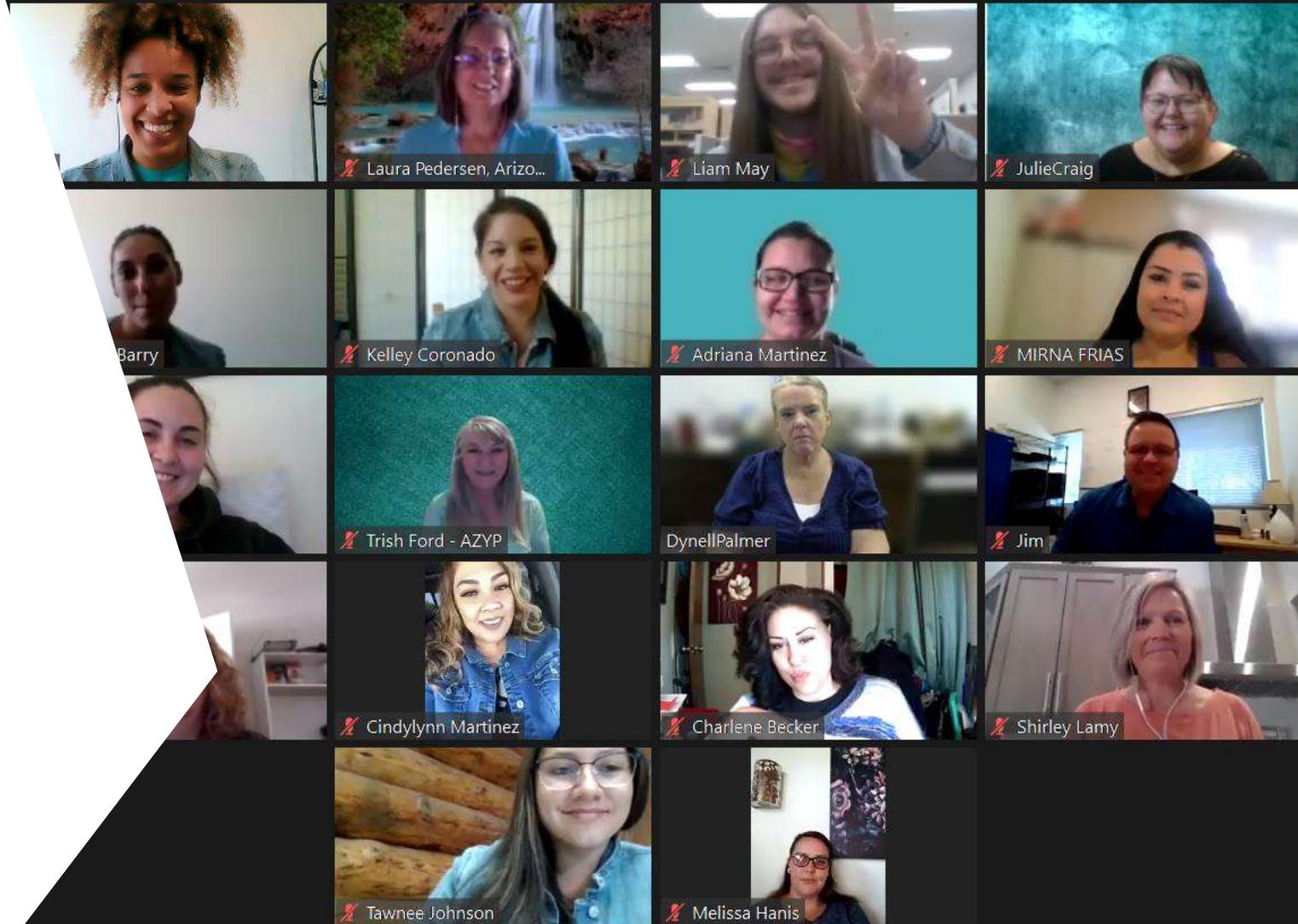


Arizona Youth Partnership

Presented by Christine Barry

Who is Arizona Youth Partnership?

- ▶ AZYP is a recognized 501 (c)3 statewide non-profit serving more than 10,00 individuals and families each year!
- ▶ AZYP was founded in 1990 by a group of concerned Pima County citizens who sought to provide rural communities access to the services available in the Tucson metro area.
- ▶ In 2006, AZYP expanded to serve rural communities across the whole state of Arizona to solve local issues.





Who is Arizona Youth Partnership?

► Mission Statement

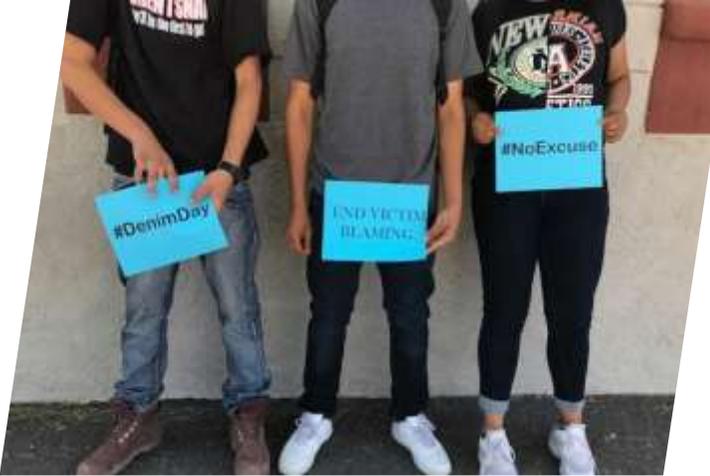
- *“Build solid foundations for youth and families by partnering with Arizona communities to prevent and solve local issues such as substance abuse, youth homelessness, lack of educational opportunities, teen pregnancy and challenging family dynamics.”*

► Vision

- *Empowered Youth, Strong, Stable Families, Thriving Communities*

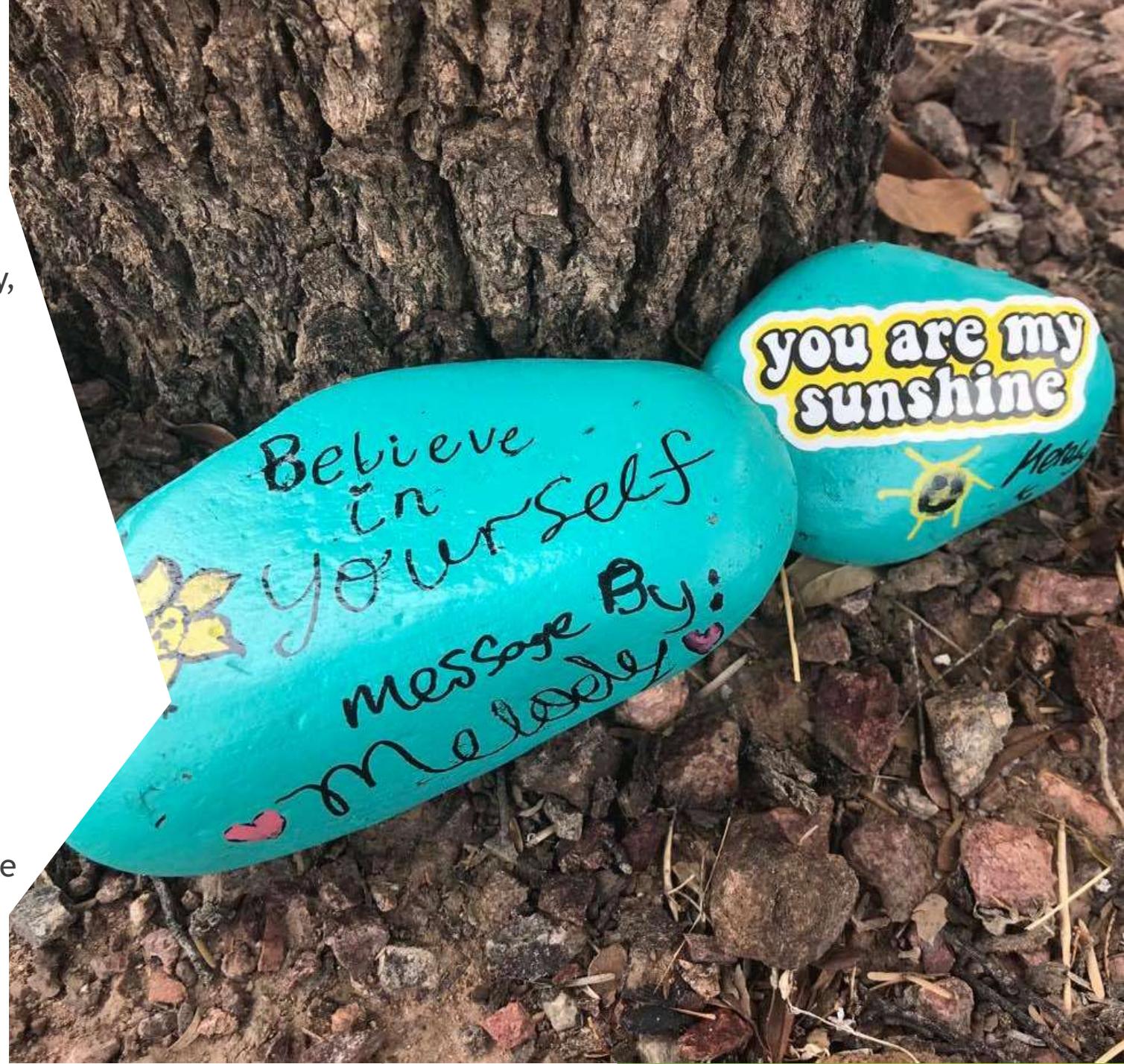
Populations Served

- ▶ Rural communities in Arizona
- ▶ Youth ages 12-22 (in/after school, community-based, homeless)
- ▶ Families with youth ages 9-15
- ▶ 11 Arizona Counties
- ▶ 31 School Districts



Our Current Programs

- ▶ AZYP programs are funded through local, county, state, and federal sources and supported by private donations.
- ▶ Cultivating Healthy Foundations for Youth
 - Afterschool programs
 - Healthy Relationship education classes
 - Youth homeless shelters
 - K-8 charter school
- ▶ Promoting Strong Families
 - “Strengthening Families” education classes
- ▶ Mobilizing Communities through Coalitions
 - 8 coalitions statewide to prevent drug abuse and human trafficking



GOYFF Parents Commission

▶ Purpose

- ▶ Increase parental knowledge on risks of youth substance use
- ▶ Increase parental involvement in youth's decisions of substance use

▶ Program

▶ Strengthening Families Project

- ▶ Evidence-base curriculum: Iowa State Strengthening Families Program: For Parents and Youth 10-14
- ▶ Police and Communities Together 360 (PACT/Rx 360)

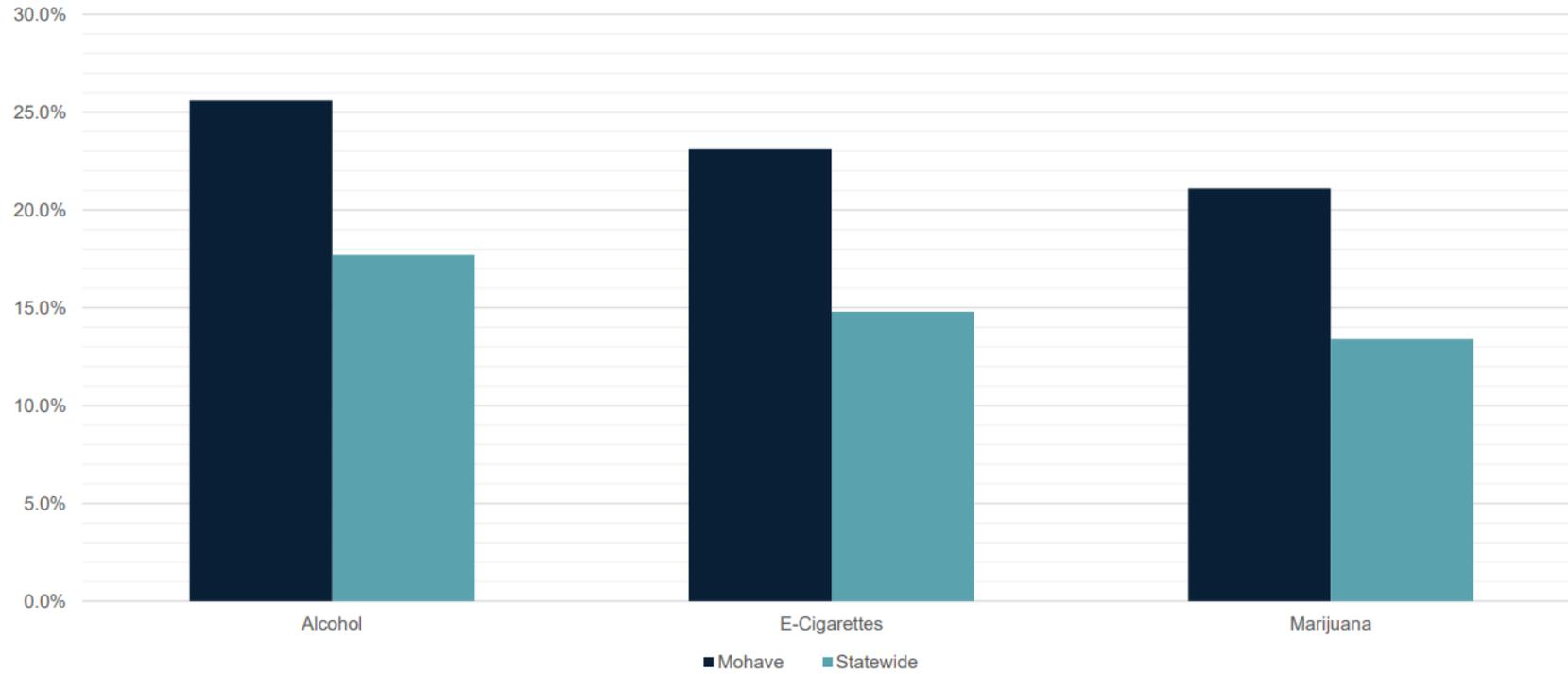
▶ Counties Serve

- ▶ Mohave
- ▶ Pima
- ▶ Santa Cruz



Mohave County: Substance Use Trends

Mohave County: Most Common Substances



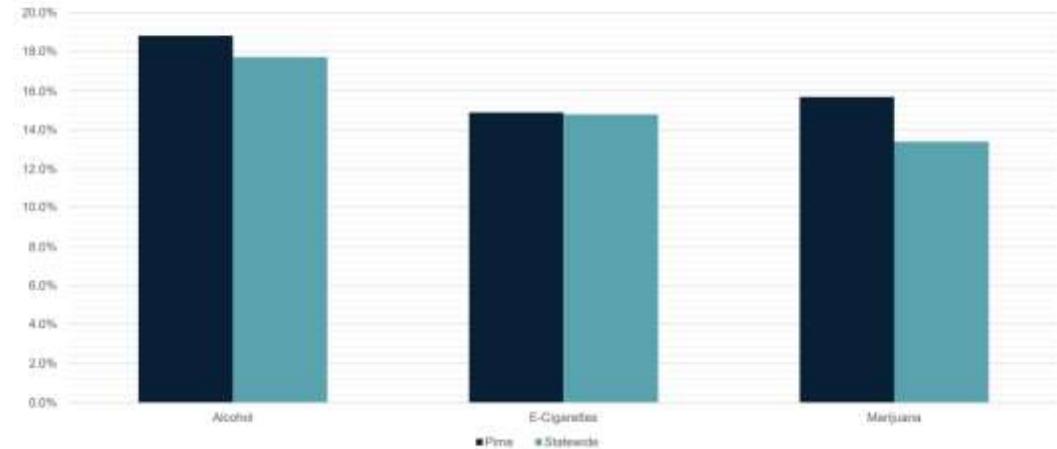
Substance	8 th Grade (%)	10 th Grade (%)	Total (%)
Alcohol	36.4	58.6	47.5
Cigarettes	11.9	13.9	12.9
E-Cigarettes	27.6	53.4	40.5
Marijuana	24.8	42.4	33.6
Marijuana Concentrates	18.5	37.5	28
Prescription Drugs	8.0	7.7	11.9

Mohave County-Lifetime Youth
Substance Use, 2020 Arizona Youth
Survey

Pima County- Substance Use Trends

Includes the communities of Marana,
Tucson, Sahuarita and Ajo.

Pima County: Most Common Substances



Pima County-Lifetime Youth Substance Use, 2020 Arizona Youth Survey

Substance	8 th Grade (%)	10 th Grade (%)	Total (%)
Alcohol	27.7	42.2	35.0
Cigarettes	6.4	10.3	8.35
E-Cigarettes	20.0	32.4	26.2
Marijuana	17.5	32.6	25.0
Marijuana Concentrates	16.1	29.7	22.9
Prescription Drugs	4.3	7.4	5.85

Includes the communities of Marana, Tucson, Sahuarita and Ajo.

Definition	8 th Grade (%)	10 th Grade (%)	Total (%)
Alcohol-drink 1 or 2 drinks nearly every day	75.4	78.0	76.7
Alcohol-5 or more drinks nearly every day	82	80.0	81.0
Cigarettes-smoke 1 or more packs of cigarettes per day	83.3	88.1	85.7
Marijuana- trying marijuana once or twice	58.2	44.9	51.55
Marijuana-smoke marijuana regularly	72.3	57.6	64.95
Prescription Drugs-abuse prescription drugs	87.9	88.7	88.3

Santa Cruz County

► Santa Cruz County-Perception of Risk (People are at Moderate or Great Risk of harming themselves if they...) / 2018 Arizona Youth Survey

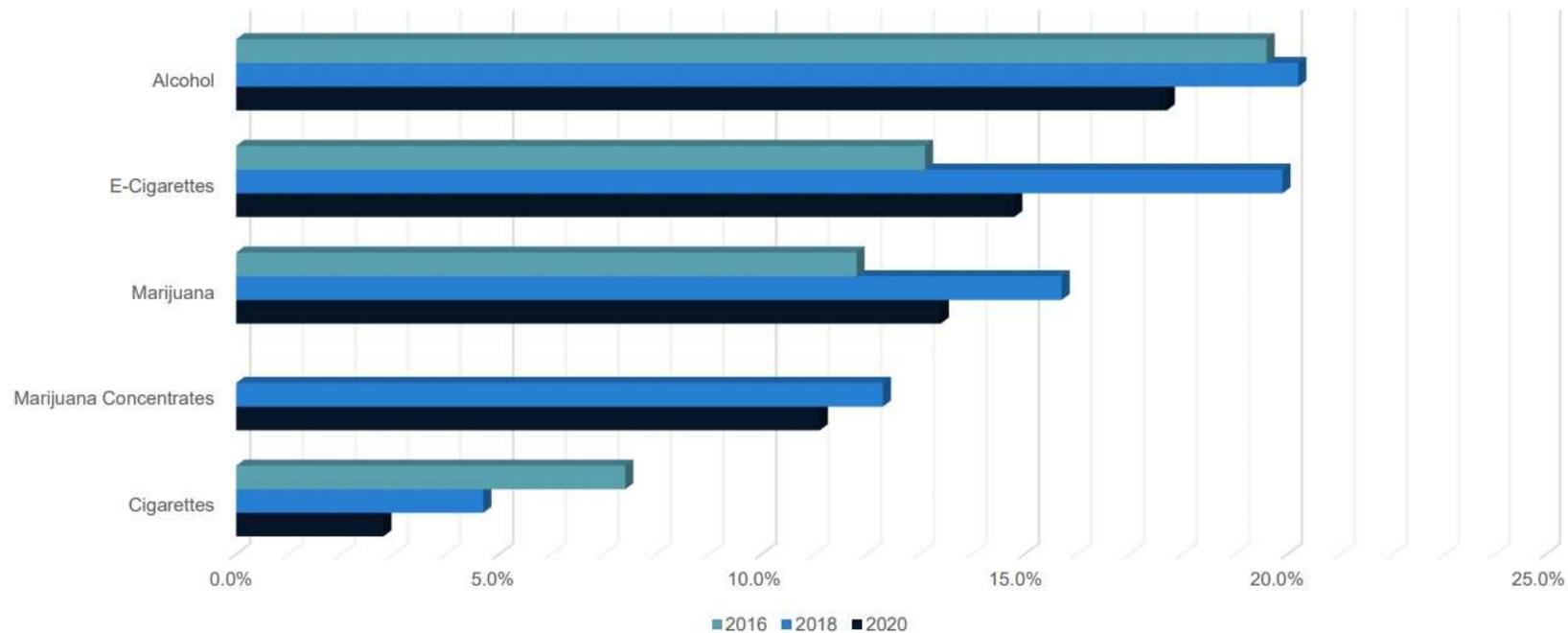
Santa Cruz County Trends

► Santa Cruz County-Lifetime Youth Substance Use / 2018 Arizona Youth Survey

Substance	8 th Grade (%)	10 th Grade (%)	Total (%)
Alcohol	37.0	58.0	47.5
Cigarettes	10.5	30	20.25
E-Cigarettes	30.0	51.2	40.6
Marijuana	9.0	28.3	18.6
Marijuana Concentrates	9.7	21.7	15.7
Prescription Drugs	8.8	9.6	9.2

State Youth Substance Use Trends

30-Day Use: Most Common Substances



*Arizona Criminal Justice Commission and HIDTA



Arizona Youth Partnership

Stronger Families Project



STRENGTHENING
Families PROGRAM
for parents and youth 10-14





Stronger Families Project: Strengthening Families Program (SFP)

- ▶ Family Skills-Building Evidence-Based Curriculum
 - ▶ Parents and Youth 10-14
 - ▶ Meet 1 time a week for 8 weeks
 - ▶ Strengthen parenting skills
 - ▶ Build family strengths
 - ▶ Prevent teen substance abuse and other behavior problems

Make Mealtime Family Time

- ▶ Each week for duration of program, dinner is provided
 - ▶ Meals are funded in partnership with Bayer Fund
 - ▶ Families share a meal together for 30-minutes
 - ▶ Kids at Hope
 - ▶ Interactive family activities held during dinner time
 - ▶ Philosophy: All children are capable of success, NO EXCEPTION



Program Structure



60-minute Parent Session



60-minute Youth Session



60-minute Family Session



Covid-19 Program Structure

- ▶ All sessions over Zoom, 60-minute lessons with breaks
- ▶ Parent and youth session on different evenings
- ▶ Family and youth session on same evening
- ▶ Program Materials
 - ▶ No contact drop off
 - ▶ USPS
 - ▶ Family Packets

Program Sessions: Topics

Parent

- ▶ Video led: include narration, role plays, and times discussions
 - ▶ Love and Limits
 - ▶ Supporting Youth Dreams and Goals
 - ▶ Consequences and Staying Calm
 - ▶ Meeting needs, listening for feelings/problems
 - ▶ Protecting against substance use
 - ▶ Using “I” Statements

Youth

- ▶ Facilitator led: interactive activities, short video clips, role play, and open group discussions
 - ▶ Treasure Maps: Your Future
 - ▶ Understanding Stress
 - ▶ Rules, Responsibilities, and Consequences
 - ▶ Peer Pressure Resistance Skills
 - ▶ Dangers of Substance Use

Substance Use Prevention Session

- ▶ Rx 360
 - ▶ Parents
 - ▶ Video: Not Prescribed
 - ▶ Discussion of statistics, resources, red flags, and support
 - ▶ Partnership at Drug Free: Parent Talk Kit
 - ▶ Youth
 - ▶ Video: Not Prescribed
 - ▶ Deer Peer Letter
 - ▶ Role Play: Resistance Strategies
 - ▶ Family
 - ▶ GOYFF “Keep them Safe” Folders
 - ▶ Parent and Youth Pledges
 - ▶ Community Activist Pledges

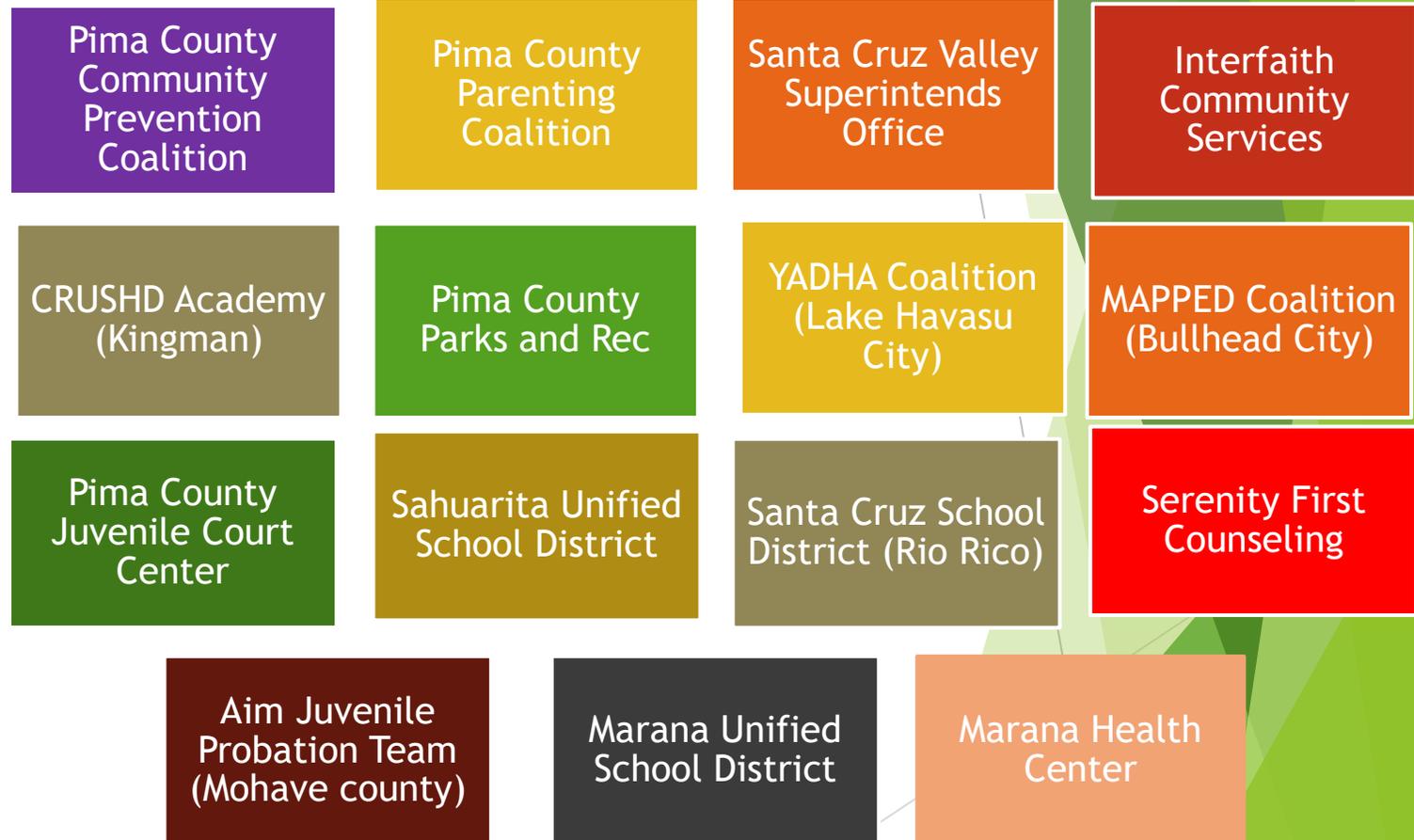
Graduation

- ▶ On the last day families are presented with a certificate, family photo, community resources, and a celebration



Community Partners

- ▶ Community Coalitions
- ▶ Administration Office of the Court
- ▶ Juvenile Courts
- ▶ School Districts
- ▶ Youth Serving Organizations
- ▶ Faith Based Organizations



SFP Impact

2014-2021

- Over 1,950 adults and youth have participated in program

Facilitated program in over 6 school districts statewide

Participant feedback

- **From our Youth**
 - “I’m finally able to talk to my parents, it feels really good!”
 - “We love this program; we are going to keep Tuesday nights as our fun family night!”
 - “I’m going to frame our graduation certificate and put it on our wall”
- **From our Parents**
 - “ I love this program!”
 - “I can bring up difficult conversations with my youth including drugs and alcohol without them ending in arguments”
 - “Every single parent and family could use this program.”
 - “Tuesday night is now our fun night; we can’t wait to come to class”

SFP Evaluation

Family Bonding

- 5.8% increase

Family Cohesion

- 21.3% increase

Family Involvement

- 8.5% increase

Family Communication

- 9.7% increase

Family Conflict

- 24.0% decrease

Participant Satisfaction

- 96%

Questions



Contact:

Christine Barry, MPH
7575 W. Twin Peaks Rd. | Tucson, AZ 85743
Office: (520) 744-9595
Direct: (520) 500-9994
Email: Christine@azyp.org